

Topic – Net and Wall Games (Spring 2)

Net/Wall Games are activities in which players send an object towards a court or target area that an opponent is defending. The aim is to cause the object to land in the target area while making it difficult for the opponent to return the object. By playing these games, participants will learn the key skills and tactics in games such as Sitting Volleyball, Tennis, Badminton, Squash, Racquet Ball and Volleyball

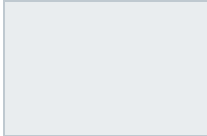
	Context and Progression of Skills	Essential Knowledge
Y6 - Volleyball	<p>Children will be taught to:</p> <p>Devise a scoring system. (A&D)</p> <p>Hit the ball in the court away from opponent, how to outwit them using speed height and direction of ball. (S&A)</p> <p>Know where to stand when attacking and defending. (S&A)</p> <p>Explain why they or others are playing well in the games. (E&I)</p> <p>Know what they need to get better at and what to practice. (E&I)</p> <p>Understand practices to help with precision and consistency and speed around the court. (S&A)</p>	<ul style="list-style-type: none"> Understand the rules of a game well, in order to devise a scoring system, leading to the umpiring of games within a lesson. Be competent enough within a skill to devise tactics to outwit an opponent – sending a ball (other) to an area of the court. Can use vocabulary to describe what is going well in a game for themselves/others and what needs to be improved. <p>Can you tell me how _____ is scored? What must a person do to win?</p> <p>Are the points scored as 1, 2, 3 or something else? Can you explain this?</p> <p>What would you do in this situation _____ in order to score over your opponent?</p> <p>What did _____ do well in that set/match? What could they do in the next set to gain an advantage over their opponent?</p>

<p>Y5 - Tennis</p>	<p>Children will be taught to:</p> <p>Hold and swing racket and where to stand on the court when hitting, catching and receiving. (A&D)</p> <p>Hit the ball on both sides of the body and above head. (A&D)</p> <p>Use different types of shots during a game. Improve accuracy. (A&D)</p> <p>Demonstrate good footwork to cover a court space in a game situation. (S&A)</p> <p>.</p> <p>Know what they need to get better at and what to practice. Know how to change court to make easier. (E&I)</p> <p>Understand practices to help with precision and consistency and speed about the court. (E&I)</p>	<ul style="list-style-type: none"> • The correct techniques will be demonstrated by the teacher, the children will know the correct way to swing the racket, make the serve etc. • Children will be taught about the agility needed around the court in order to gain advantage, with a specific focus on footwork. • Understand what they need to do to get better when receiving comments from the teacher and their peers. • Be able to comment on the success of themselves, not always using specific vocabulary. <p>Can you demonstrate how you would serve in _____ game? Talk me through what you are doing to achieve a good serve.</p> <p>If someone returns the ball (other) back to you and you are not prepared, what could you do in order to reach the return or stop the opponent scoring?</p> <p>If you have been told that you need to improve _____, what would you do in order to do this?</p> <p>What went well for you in that match, what has your peer/teacher told you to improve on? Do you know how to do this?</p>
<p>Y4 - Badminton</p>	<p>Children will be taught to:</p>	<ul style="list-style-type: none"> • Before teaching the content of the games, children need to be

	<p>Play games using throwing and catching skills. (S&A)</p> <p>Vary strength, length and direction of throw. (A&D)</p> <p>Understand how they can make it difficult for opponent to receive ball. (S&A)</p> <p>Understand where to stand when receiving. Understand attack and defence tactics. (S&A)</p> <p>Understand rules about the games. (S&A)</p> <p>Describe what they do and what they find hard. (E&I)</p> <p>Talk about how to change the court to make it easier/harder. (S&A)</p> <p>Say what they do well in a game and what they need help with and what they need to practice. (E&I)</p>	<p>able to confidently catch and throw a ball, this can then be applied to context.</p> <ul style="list-style-type: none"> • Children need to understand the rules of the game and be able to comment on what would make the game easier or harder – teach this through the use of modified games. • Understand how best to receive a ball (object) and where they need to be stood on the court to best do so. • Describe what they are finding difficult and what they would like extra help with – lots of partner work. <p>Can you demonstrate a throw to your partner (choice of throw), what could you do to make it more successful?</p> <p>Can you talk me through what would happen in this situation _____?</p> <p>Where would you need to be stood if the person taking the shot was using a backhand? Forehand? Dig? Etc.</p> <p>What do you think you need to work on in order to play the game better? Do you think you need to improve independently or as a team?</p>
<p>Y3 - Volleyball</p>	<p>Children will be taught to:</p> <p>Practise throwing and catching with a variety of different balls and using different types of throwing. (A&D)</p> <p>Hit the ball with a racket. (A&D)</p>	<ul style="list-style-type: none"> • Children will be able to hit the ball (object) with a racket of the chosen sport worked on (mostly accurately) not necessarily delivering it back to the feeder.

	<p>Use different shots. (A&D)</p> <p>Play games using throwing and catching skills. (S&A)</p> <p>Vary strength, length and direction of throw. (S&A)</p> <p>Know how they can make it difficult for opponent to receive ball. (S&A)</p> <p>Understand attack and defence tactics. (S&A)</p> <p>Understand rules about the games. (S&A)</p>	<ul style="list-style-type: none"> • Introduce different shots in isolation. • Understand the rules of the game focused on in the lessons (mostly – how to score points, how to play the basics) • Start to think about attack and defence and what the words mean in this particular game. <p>Can you tell me what the name of the shot is that I am demonstrating here?</p> <p>Can you perform this shot with your partner?</p> <p>Can you count how many times you managed to hit the ball when your partner threw it to you? Were they all good hits?</p> <p>What would make a good hit?</p> <p>How do you score a point in _____ game?</p> <p>Can you tell me what I would be doing if I was attacking/defending?</p>
<p>Y2 - Badminton</p>	<p>Children will be taught to:</p> <p>Pass and receive a ball (object) in different ways with control and increased accuracy. (A&D)</p> <p>Use their skills to play end to end games and games over a barrier. (S&A)</p> <p>Use their ability to solve problems and make decisions. (S&A)</p> <p>Watch others and describe what is happening. (E&I)</p>	<ul style="list-style-type: none"> • Children start to use the skills they have built up (basic passing and receiving) and apply to a barrier game or an end game – moving skills out of isolation to game based play. • Make decisions in teams to help score points/gain advantage over their opponents. • Watch others to describe what they are doing – use in demonstrations when

	<p>Talk about what they have done and how they did it. (E&I)</p> <p>Develop basic tactics in simple team games and use them appropriately. (S&A)</p>	<p>performing certain skills.</p> <p>Why have we used a net in the middle of the court? Is this like a real game of _____?</p> <p>What do you think you need to do to win the game? TTYP or team – how can you score points?</p> <p>What have I just shown you? Can you name that skill? Was it a good demonstration or could it be better?</p>
<p>Y1 - Tennis</p>	<p>Children will be taught to:</p> <p>Focus on throwing and receiving onto a racket.. Pass and receive a ball in different ways with control and increased accuracy. (A&D)</p> <p>Perform skills with racket/balls with increased control and co-ordination. (A&D)</p> <p>Play games based on net games (like tennis and badminton). Children have an opportunity to play 1 v 1, 1 v 2, and 1 v 3. (A&D) (S&A)</p> <p>Play running and avoiding games. (S&A)</p> <p>Explain how practicing skills can help you feel warmer and why is it good to play and get out of breath. (H&F)</p>	<ul style="list-style-type: none"> • Children can start to hit the ball with a racket/hand etc. dependent on game. And show an increase in success. Can they try hit their ball to a partner to catch? • Once skills have been built children could start to play with each other – hitting to each other/passing and receiving/use of a net (differentiate according to skills). • Children start to build agility using warm up games. • Explain why their bodies are feeling warm when they play games. <p>Can you show me how you hit the ball using your racket/hand? Do you need to hit it hard or soft if your partner is _____ far away? Why?</p> <p>Why do we need to move around quickly when playing a game? Will you get the ball if you move slowly?</p>



--

How does your body feel when you have been moving around lots? Does it feel warm? Is that good?