

## **Topic – Invasion Games (autumn 1)**

## Invasion Games (Football, Rugby, Netball, basketball, Hockey)

An invasion game is used to describe any game where the objective is to attack the opposition's territory and score a goal or point. They are usually played between teams of equal players and these fast paced games focus on teamwork, maintaining possession, scoring and defending

|                 | Contact and Descreasion of   | Facential Knowledge  |
|-----------------|--|--|
|                 | Context and Progression of Skills  | Essential Knowledge  |
| Y6 -<br>Netball | Children will be taught to:<br>Understand that when team has<br>ball they are attacking and when<br>they haven't they are defending.<br>(S&A)<br>Understand different ways of<br>attacking and encourage them to<br>use positions for their team | <ul> <li>Understand the tactics<br/>needed to be successful<br/>in an invasion game.</li> <li>Be able to apply the<br/>tactics because of their<br/>skill level.</li> <li>Understand the effects<br/>on the body.</li> </ul> |
|                 | carefully. (S&A)   | How do invasion games help the long term fitness of your body?   |
|                 | Understand different ways to attack and defend. (S&A)  | Why have you positioned your team in<br>way?<br>How will you support your team mate<br>when they are in a position of scoring?   |
|                 | Choose right formations and tactics for attack and defence. (S&A)  | How will you position yourself in order to stop the other team scoring?  |
|                 | Know how they support other players in attack and defence. (S&A)   |  |
|                 | Know how playing invasion games<br>helps your fitness and benefits of<br>playing outside of school. (H&F)  |  |
| Y5 -<br>Rugby   | Children will be taught to:<br>Understand there are different skills<br>for different situations and begin to<br>use these. (S&A)<br>Move into space to help a team.<br>(S&A)  | <ul> <li>Be able to perform skill<br/>sunder pressure from an<br/>opposing team.</li> <li>Decision making</li> <li>Understand which skills<br/>they are able to perform<br/>well and where they</li> </ul>                   |



|                | Play in a range of positions and<br>know how to contribute when<br>attacking and defending. (S&A)   | need to focus their<br>attention.<br>Why do we need to get into a space in<br>order to achieve the best opportunities<br>for our team?   |
|----------------|---|--|
|                | Pass, receive and shoot the ball<br>with some control under pressure.<br>(S&A)  | Why did you choose to use in that situation?   |
|                | Shoot accurately in a variety of ways. (A&D)  | If you had to perform that skill again,<br>what would you change to make it more<br>successful?<br>Do you think the decision you made was  |
|                | Watch and evaluate the success of<br>the games they play in. Identify<br>parts of the game that are going<br>well and parts that need improving.<br>(E&I)   | the best in that situation?  |
| Y4 -<br>Hockey | <b>Children will be taught to:</b><br>Score more regularly without<br>making mistakes showing more<br>conscious control. (S&A)  | <ul> <li>Show more technique<br/>when handling the<br/>ball/when in possession.</li> <li>Understand which skills<br/>they are able to perform<br/>well and where they</li> </ul> |
|                | Choose and adapt their techniques<br>to keep possession and give their<br>team chance to shoot. (S&A)<br>Plan ideas and tactics similar across  | <ul><li>need to focus their<br/>attention.</li><li>Know how to make it<br/>more challenging for an<br/>opponent.</li></ul>   |
|                | invasion games. Know what rules<br>are needed to make games fair.<br>(S&A)  | What do we mean by a pattern of play<br>and why do we use different patterns of<br>play?   |
|                | Understand simple patterns of play.<br>(S&A)  | How would you change your pattern of<br>play in order to make it more difficult for<br>your opponent to score?   |
|                | Evaluate how successful their<br>tactics have been, use appropriate<br>language to describe performance<br>and identify what they do that<br>makes things difficult for their<br>opponents. Know what they need | Did you choose the correct skill for the<br>position you were in? Would you change<br>anything if you repeated that situation?   |



|                    | to improve their game and what   |  |
|--------------------|--|--|
|                    | to improve their game and what they need to practice. (E&I)  |  |
| Y3 -               | Children will be taught to:  |  |
| Football           | Move with a ball towards goals with increasing control. (S&A)  | <ul> <li>Understand the role of<br/>an attacker and a<br/>defender.</li> <li>Understand the<br/>importance of space in a<br/>game situation.</li> <li>Achieve greater accuracy<br/>when moving with a<br/>ball.</li> </ul> |
|                    | Understand their role as an attacker and as a defender. (S&A)  |  |
|                    | Move into space to help support a team. (S&A)  |  |
|                    | Defend an opponent and try to win  | What is the role of an attacker/defender in game?  |
|                    | Defend an opponent and try to win the ball. (S&A)  | What is the best way to receive a ball from a long/short distance?   |
|                    | Practise passing to a partner using a<br>number of sending and receiving<br>techniques. (S&A)  | Where should you be stood at the start of the game if you are in position?   |
|                    | Improve accuracy of passes and use<br>space to keep possession better.<br>(S&A)  |  |
|                    | Understand patterns of play- if ball is in a certain position where should players be. (S&A)   |  |
| Y2 -<br>Basketball | Children will be taught to:<br>Recognise the best ways to score<br>points and stop points being<br>scored. Keep the ball and find best<br>places to score. (S&A) | <ul> <li>Start to understand the rules of games and how to score points within that game.</li> <li>Understand how to work with a partner to achieve successful</li> </ul>  |
|                    | Recognise how they work best with their partner. (E&I)   | <ul> <li>passing/receiving.</li> <li>Recognise what makes<br/>the game/skill successful<br/>and be able to voice that</li> <li>What do you need to do in order to win</li> </ul>   |



|                 | Use different rules and tactics for<br>invasion games. Make it difficult for<br>opponents.<br>(S&A)<br>Watch others accurately. Describe<br>what they see and ask to copy<br>others' ideas, skills and tactics.<br>Understand and develop own<br>tactics for attacking and defending.<br>(S&A)  | How could you make it more difficult for<br>your opponent to score a goal?<br>What could you do to help you score?<br>What did do well? How could they<br>improve?   |
|-----------------|---|--|
|                 | Recognise what is successful and<br>how to use this knowledge. (E&I)  |  |
| Y1 -<br>Netball | Children will be taught to:<br>Explore different ways of using a<br>ball. (A&D)<br>Explore ways to send a ball or other<br>equipment. (A&D)<br>Retrieve and stop a ball using<br>different parts of the body. (A&D)   | <ul> <li>Explore new skills such<br/>as passing, receiving and<br/>controlling a ball.</li> <li>Understand how to play<br/>small modified games<br/>with the skills learnt.</li> <li>Understand that the<br/>body needs to be warm<br/>before they can<br/>participate in activity.</li> </ul> |
|                 | <ul> <li>Play a variety of running and avoiding games. (S&amp;A)</li> <li>Practise skills to make them warmer. (H&amp;F)</li> <li>Explain why they enjoy playing games and physical activities. Talk about what our bodies do during exercise e.g. breathing. (H&amp;F)</li> <li>Participate in team games. Develop simple attacking and defending techniques. (S&amp;A)</li> </ul> | <ul> <li>Why do we need to warm up before we do exercise?</li> <li>What happens to our body when we warm up? Does anything change?</li> <li>When we are playing how do we pass the ball?</li> <li>Do we use our feet/hands/stick for this game?</li> <li>How do you win in game?</li> </ul>    |



Pass and receive a ball in different ways with increased control. (H&F)