

Topic – Dance (spring 1)

Dance is a **performing art form** consisting of purposefully selected sequences of **human movement**. This movement has **aesthetic** and **symbolic** value, and is acknowledged as dance by performers and observers within a particular **culture**. Dance can be categorised and described by its **choreography**, by its repertoire of movements, or by its **historical period** or **place of origin**.

	Context and Progression of Skills	Essential Knowledge
Y6	Children will be taught to: Work creatively and imaginatively individually, with a partner and in a group to choreograph motifs and structure simple dances. (S&A) Adapt and refine actions, dynamics and relationships to improve a dance. (E&I)	 Work in different group sizes to create motifs and short dances. Be able to change dynamics in order to change the mood or feeling of a dance. Use props. Be able to critically evaluate others work using key terminology to explain.
	Choreograph a dance using props. (A&D)	What do you understand by the term motif? How do you use motifs in order to create a dance?
	Perform dances fluently and with control. (A&D) Use appropriate language to evaluate	What happens when you make the dynamics stronger and faster? How has the prop enhanced your performance?
	and refine their own and others' work. (E&I)	Can you tell me what was good about that performance, which areas do you think need improving and why?
Υ5	Children will be taught to: Adapt and refine actions, dynamics and relationships in a dance. (E&I)	 Be able to adapt the dance using relationships and dynamics, not necessarily having an impact on the
	Perform different styles of dance clearly and fluently. (S&A)	 improvement of the dance. Understand the different styles of dance and know how to perform them well. Be able to produce and deliver their own warm ups – understanding what a warm up should do.
	Recognise and comment on dances, showing an understanding of style. (E&I)	



	Suggest ways to improve their own and other people's work. (E&I)	What do we mean by changing the dynamics? What about relationships?
	Organise their own warm up and cool down activities to suit the dance. (H&F)	How would we perform style of dance in the best way? Why would we perform it in such a manner?
	Show an understanding of why it is important to warm up and cool down when participating in dance. (H&F)	Why do we warm up in dance? – What would constitute a great warm up? Are there different parts of a warm up to consider?
Y4	Children will be taught to:	Understand how we can plan
 Onderstand Respond imaginatively to a range of stimuli related to character and narrative. (A&D) Plan a motif starting poin 	and perform a dance from a starting point.Plan a motif around a starting point to ensure a	
	Use simple motifs and movement patterns to structure dance phrases on my own, with a partner and in a group. (S&A)	 theme is running through. Play around with performance elements. Be able to describe the content of the dance using the correct vocabulary.
	Use formation, canon and unison to develop a dance. (A&D)	What is the starting point in your dance? How can we use this to create some actions?
	Refine, repeat and remember dance phrases and dances.	What is the theme of your dance? How have you shown me this?
		What are the different things we can change in a dance to make it better for the audience?
	Perform dances clearly and fluently. (S&A)	Can you tell me what you have included in your dance?
	Describe, interpret and evaluate dance, using appropriate language. (E&I)	
Y3	Children will be taught to:	• Be able to come up with
	Create dance phrases that communicate ideas. (S&A)	 movement that tells a story. Be able to stay in time with music and one another in a dance performance.
	Create dance phrases with a partner and in a small group using canon and unison. (S&A)	• Be able to work in groups to make a dance.



	Repeat, remember and perform these phrases in a dance. (S&A)	 Be able to describe their dance, not necessarily using correct vocabulary.
	Use dynamic and expressive qualities in relation to an idea. (S&A) Use counts to keep in time with a group and the music (S&A)	Can you tell me how the movements you have included in your dance help to tell the story of? What could you change to make this even better?
	and the music. (S&A)	How do you make sure you stay in time with the music? How do you count with music?
	Recognise and talk about the movements used and the expressive qualities of dance. (H&F)	Can you tell me about the different actions you have used? Why have you chosen to use these movements?
Y2	Children will be taught to:	• Be able to say what they like
	Evaluate and improve a dance performance by recording and viewing their rehearsals. (E&I)	 and don't like about their own performance from videoing and watching back. Copy basic movements and explore different levels when performing. Show a clear start and end of the dance.
	Copy and explore basic movements with clear control. (A&D)	
	Vary levels and speed in sequence and the size of body shapes. (A&D)	What did you think of your performance when you watched it? What was your favourite part? What do you think you would change
	Add change of direction to a sequence. (S&A)	when you revisit your dance? Can you follow this movement?
	Use and negotiate space clearly. (S&A)	What is important to remember when you perform a?
	Have a clear start, middle and end. (S&A)	How do I know when your dance is starting and when your dance is finished?
Y1	Children will be taught to:	When shown a stimuli,
	Explore movement ideas and respond imaginatively to a range of stimuli. (A&D)	children can start to use their imaginations to create some form of movement around the starting point, but
	Move confidently and safely in their own general space using changes of speed level and direction. (A&D)	 cannot yet explain it. Children can understand the use of space and direction when dancing.



Compose and link movements to make simple beginnings, middles and ends. (S&A)	 Start to understand the concept of a start and end position, more guided than in year 2.
Perform movement phrases using a range of body actions and body parts. (S&A)	How do you feel, what movements do you want to do when you see? Do you like the? Can you tell me why you are doing that
	movement?
	Why do we need to move around the whole space when we are dancing?
	Can you show me your starting position? Ending position?