

Relationship Education Policy (inc. PSHE)

Beckfoot Allerton Primary School & Nursery believes that a strong PSHE (Personal, Social, Health and Economic) and Relationship Education is important to help our pupils understand how to keep themselves safe and develop into a well-rounded members of society who are able to make a positive contribution to their community. At Beckfoot Allerton, our PSHE curriculum is strongly linked to our wider curriculum and our pastoral care programme.

This policy adheres to:

- DfE: Relationships Education, Relationships and Sex Education (RSE) Statutory guidance
- Keeping Children Safe in Education, 2023
- Equality Act, 2010
- SEND Code of Practice: 0 - 25 years
- Beckfoot Trust Behaviour Policy & Beckfoot Allerton Local Behaviour Protocol

The vision for students, staff and others linked to our School is to always look to achieve our personal best in every aspect of school life.

- We want our children to gain powerful knowledge, behave brilliantly and become confident community contributors. We want our children to have the knowledge they need to make informed decisions about their wellbeing, health and relationships and to build that self-efficacy.
- We have high aspirations and believe all pupils can, regardless of their background or personal circumstances, achieve.
- Our school is a happy, safe and positive place where pupils enjoy learning and are successful.
- Our school is welcoming and inclusive and is a place where everyone is valued. We celebrate the diversity of our school community.
- Our pupils and staff treat each other equitably, fairly, with kindness and with mutual respect. At all times, staff and pupils are expected to show a high regard for the needs and feelings of others through their actions and words.
- Our pupils and staff are enterprising and approach challenges with a “can-do” attitude.
- Our learning environments reflect our values, inspire our pupils and celebrate success.
- Our culture is one of continuous improvement, creativity and enthusiasm.
- We want to work together with families to elevate pupil achievement and wellbeing.

1. Roles and responsibilities

- 1.1 The Head Teacher has overall responsibility for ensuring that the PSHE Policy, as written, does not discriminate on any grounds, including but not limited to, ethnicity/national origin, culture, religion, gender, disability or sexual orientation.

- 1.2 The Head Teacher has responsibility for handling complaints regarding this policy, as outlined in the Trust's Complaints Policy.
- 1.3 The PSHE Co-Ordinator is responsible for liaising with other staff and professional agencies to devise a suitable scheme of work to ensure a comprehensive PSHE curriculum that achieves the aims laid out in this Policy.
- 1.4 The class teachers are responsible for the day-to-day implementation of the PSHE policy.
- 1.5 Beckfoot Allerton will work with families in relation to the development of the PSHE curriculum and will ensure that they are routinely kept informed about their right to withdraw their children from non-statutory sex education. (See Section 4 as we do not currently teach sex education)
- 1.6 We will ensure that pupils are also involved in the development of the PSHE curriculum through the use of pupil voice to elicit feedback and suggestions.
- 1.7 The Local School Committee has overall responsibility for reviewing the Relationships inc. PSHE Policy annually. The LSC must make sure that:
 - all pupils make progress in achieving the expected educational outcomes;
 - the subjects are well led, effectively managed and well planned;
 - the quality of provision is subject to regular and effective self-evaluation;
 - teaching is delivered in ways that are accessible to all pupils with SEND;
 - clear information is provided for parents on the subject content and the right to request that their child is withdrawn;
 - the subjects are resourced, staffed and timetabled in a way that ensures that the school can fulfil its legal obligations.

2. Aims of the PSHE and RSE curriculum

The curriculum at Beckfoot Allerton helps pupils to find their voice and their place in the world.

- 2.1 Our curriculum has been crafted with resources carefully selected in order for all pupils, including those with SEND to have full access to the whole curriculum. Reasonable adjustments will also be made for those pupils who need it.
- 2.2 PSHE will be taught sensitively and inclusively, with respect to the backgrounds and beliefs of pupils and their families, whilst always with the aim of providing pupils with the knowledge they need of the law.
- 2.3 Families of many forms provide a nurturing environment for children. Care will be taken to ensure there is no stigmatisation of children based on their home circumstances and needs, to reflect sensitively that some children may have a different structure of support around them.
- 2.4 The PSHE Curriculum will support pupils to:-
 - Understand what constitutes a healthy lifestyle with a particular focus on good mental health.
 - Understand that the emotional, social and physical changes that take place as pupils grow towards adolescence and adulthood are normal and acceptable.
 - Understand safety issues, both in real life and online.
 - Develop independence and responsibility for their own actions, which they will take forward into society.
 - Respect other people. In particular, pupils will learn to respect the different cultural, ethnic, religious and genders of others in our School community and the wider world.
 - Understand that pupils may come from a variety of family situations and have different family backgrounds.

- Understand what constitutes socially acceptable behaviour at School and in society to enable them to be a constructive member of society.
- Develop good relationships with peers and adults.
- Develop self-confidence, self-esteem and self-worth.
- Make positive, informed choices as they make their way through life.
- Understand that they have a right to speak up about issues or events, and respect the right of others to do the same.

3. Teaching the curriculum

We use a range of strategies and resources to teach the PSHE and RSE curriculum. We have reviewed our curriculum in 2024 to have more of a focus on promoting good mental health. More detail and curriculum overviews are available on our school website: www.beckfootallerton.org

- 3.2 **MyHappyMind** – this is an NHS backed resource that we use each week to explicitly teach positive mental health. Children from YN – Y6 learn about their brain and how to deal with their emotions. Mindfulness breathing is also taught in these sessions. Parents will have access to the MyHappyMind app so they can view supporting materials for each unit of work.
- 3.3 **Commando Joes** – this is a physical education and team building session where children learn to work in teams to solve ‘missions’. Lots of different skills are taught and practised such as listening, turn taking and compromising.
- 3.4 **The Story Project** – this is a book based scheme of work used to teach our pupils all other aspects of the PSHE curriculum. The books have been carefully selected to match our school community and we share the texts and content with families in advance.
- 3.5 **Outside professionals** – we also use outside professionals to talk to the children about various topics e.g. dental health, healthy eating, drugs/ county lines and puberty. We tell families in advance of these talks and seek permission from families, where required, (e.g. puberty) to join in.
- 3.6 **Puberty Talks for Year 5 and Year 6** – Pupils in Year 5 and Year 6 will have the opportunity to take part in talks form outside professionals (delivered by Coram). These are optional and all information will be shared and discussed with families before the session.

4. Sex Education

- 4.1 We define sex education as the teaching of and learning about human reproduction. We do not teach sex education lessons at Beckfoot Allerton Primary School. This meets the requirements that says "Sex education is not compulsory in primary schools and the content set out in this guidance therefore focuses on Relationships Education."
- 4.2 Beckfoot Allerton Science curriculum covers the following about sexual and asexual reproduction in Year 5:

- life cycle of mammals (dog), birds (chicken), amphibians (frog) and insects (butterfly)
- life cycle of plants
- development of a human from foetus to child
- comparing gestation periods of animals (how many days different animals carry their pregnancy)

5. Right to withdraw

- 5.1 Parents do not have the right to withdraw their children from Relationships Education. This is because it is a statutory subject and must be taught by law.
- 5.2 Parents can withdraw from the puberty talks in Year 5 and Year 6. We will inform parents when these talks will take place and invite parents in to look at the teaching materials before allowing parents to choose which sessions they wish their child to attend (if any).
- 5.3 Parents have the right to withdraw from sex education. However, we do not currently teach sex education at Beckfoot Allerton. We review this each year with our families and stakeholders.

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